




Talking with your eye doctor about glaucoma treatments



The most common treatment for lowering high eye pressure associated with glaucoma is prescription eye drops. Prescription eye drops are effective at controlling eye pressure, but can also come with unwanted side effects, such as redness, irritation, burning, stinging, and challenges that may include difficulty putting the drops in the eye and following the prescribed dosing schedule. 

If you're experiencing side effects or challenges with prescription eye drops, it may be time to talk with your eye doctor about taking a proactive approach to glaucoma treatment with a minimally invasive procedure. This type of procedure not only helps to prevent disease progression, it also has the potential to minimize the side effects and challenges often associated with prescription eye drops.

Use this guide when talking with your eye doctor about how you could benefit from proactively treating your glaucoma with a minimally invasive procedure.

Consider having a family member or friend present, if possible, to help you capture information from the discussion.

Preparing for a discussion with your eye doctor

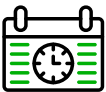
Reflect on your current treatment plan. Ask yourself:



Am I having challenges with my current treatment?



Have I experienced any uncomfortable side effects (such as stinging, burning, redness) associated with my prescription eye drops?



Has my eye doctor told me to "watch and wait" to see how my glaucoma progresses on my current treatment?



Am I having difficulty remembering to take my prescription eye drops or putting them in my eye?



Am I feeling embarrassed by some of the unwanted side effects (like red or droopy eyes, loss of fat/fullness around the eye) from using prescription eye drops?

If you answered YES to any of these questions, share your answers with your eye doctor to learn more about other treatment options.

See back/next page for questions to ask your eye doctor about minimally invasive procedures to help manage glaucoma.

Questions to ask your eye doctor about minimally invasive procedures to help manage glaucoma:



- 1 What are some other options for the treatment of glaucoma, and what are their benefits? _____

- 2 I've heard about minimally invasive procedures that help manage glaucoma—can you tell me more about them? _____

- 3 What FDA-approved treatments may be more convenient and help reduce, or eliminate, the side effects and challenges associated with prescription eye drops? _____

- 4 What factors determine whether you recommend procedures for your glaucoma patients? Do you think I'm someone who might benefit from one of these procedures? _____

- 5 How do procedures to manage glaucoma work? What are the procedures and recovery typically like? _____

- 6 What would my daily glaucoma management routine look like after one of these procedures? _____

- 7 What procedures are covered by my insurance? _____

- 8 Based on my condition, which minimally invasive procedure(s) may be best for me? Why? _____

